



Permission to provide physiotherapy for GLA:D™ Australia program

The GLA:D® Program is an education and 6-week twice a week exercise program for individuals with osteoarthritis (OA) of the knee and/or hip. Training on how to deliver the program is provided by GLA:D™ Australia. The following provides the terms and conditions for individuals who have attended the GLA:D™ Australia training program, to instruct patients entering the GLAD™ Australia program.

As a GLA:D trainer, you agree to

- ***Always deliver the GLA:D Australia program as it is intended, without removing either of the core components of education or exercise (see program outline below).***
- ***Not apply for research or implementation funding related to the GLA:D program without consulting with the LTU team.***

GLA:D Australia Program Outline

The program will follow the GLA:D™ Australia format including the 2 education sessions and 12 one hour exercise sessions. A third education session using an individual who has participated in the program to answer questions will be made available as soon as these individuals become available.

The exercises will follow the principles of neuromuscular exercise (NEMEX) as presented in the course and described in the material from GLA:D™ Australia.

Database for Quality Monitoring of Outcomes

The patient will be linked to the outcome database on their first assessment visit so that they are offered the ability to provide their outcomes.

Providers of the GLA:D™ Australia program will ensure the necessary ethics and data sharing agreements are in place to provide data from patients attending their location.

GLA:D™ Australia services and support

Through agreeing to provide GLA:D™ Australia, each site will have access to:

- GLA:D™ Australia materials through the website including information on the benefits of the GLA:D program
- Electronic information on the performance of the patients within the clinic including their longer term outcomes at one year
- Support for the data registration to address any issues
- Reports on performance, if desired (fees will be charged to cover costs of report generation)

The following form must be signed by both GLA:D™ Australia and the prospective trainer. A copy of this document will be provided to both parties for their records. A formal certificate of course completion will be sent to the physiotherapist.



The following person has attended the GLA:D™ Australia Physiotherapy course and is permitted to: Use the GLA:D™ Australia Database and GLA:D™ Australia Trainer's Manual

Personal Information:

First Name Last Name

Email: _____ Telephone Number: _____

☐Clinic ☐Hospital ☐University

Name of Clinic/Hospital/University: _____

Address: _____

City: _____ Postal Code: _____

Date of GLA:D™ Australia Course: _____ Location: _____

Level of data access? ☐Clinician ☐Clinic ☐Multiple clinics Describe: _____

I _____ agree to use the GLA:D™ Australia materials as instructed in the course provided listed above. By attending this course and signing this agreement, I understand that I have a duty to provide proper instruction for the program as taught, and use the materials for the purposes of training and instructing the GLA:D™ Australia program at the site listed above only. I understand that I have a responsibility to report outcomes and motivate my participants use the GLA:D™ Australia database.

Trainee Full Name

Date

Christian Barton

Instructor Full name

Online

Course Location

Version November 15 2017

Signature

Signature

19 August 2020

Date